



## What is LGD-4033?

LGD-4033 is a Selective Androgen Receptor Modulator (SARM). SARMs are a class of non-steroidal anabolic agents that bind androgen receptors with high affinity. LGD-4033 has been shown to provide benefits similar to traditional anabolic agents, (e.g., increased muscle mass, fat loss, and improved bone density) but with far fewer side effects (e.g., oily skin, acne, over-conversion to estrogen, etc.). Both men and women may also appreciate improved libido. All of these benefits are achieved without increasing androgen levels. Its anabolic effects are roughly the same or greater than testosterone, even at low doses. Some prescribers will recommend a trial of SARMs for low testosterone levels prior to utilizing testosterone replacement therapy.

## What forms of LGD-4033 are available?

LGD-4033 is available in oral capsules.

## What you need to know:

SARMs, such as LGD-4033, have been shown to suppress the production of testosterone if dosed improperly or for too long. To reduce the risk of suppressing testosterone production, it is vital to follow dosage guidelines.

To further increase the efficacy of LGD-4033 in men, prescribers may recommend human chorionic gonadotropin (HCG) as an adjuvant. HCG functions to maintain or increase male testicular function. In some cases, HCG is a more conservative option to improve testosterone levels before trying anabolics such as SARMs, testosterone replacement, or others.

